Dear Parents

Thank you to students, staff and parents for your support in a variety of activities over the last week.

The Year 3/4 production ‘Chapter 1 in the Book of Earth’ was an outstanding success on Friday night with a full house watching the students. As Mr Kennelly mentioned the creativity of the students is what education is about. While the directors had the overview it was the students who made the dance moves, added the dialogue and made the props. Well done to all!!

This week sees the Year 5/6 production ‘Maharabad’s Bazaar’. The students and staff have put in an enormous effort to ensure a successful show. Tickets are still available through Ticketek for Thursday evening’s performance.

Last Saturday the Prep School were involved in four grand finals across netball and football. It was greatly appreciated by all the students and coaches to have so many supporters in attendance. Many of the supports came to watch their friends play. Congratulations and thank you to all who made the effort to support your friends. It must have worked as all 4 teams were victorious!!

The final reading for the term from Michael Grose is ‘Easy ways to develop independence in kids’

Finally, thank you for your support over the whole term and on behalf of the staff I wish you all a happy and relaxing holiday.

Enjoy your week.

Regards

Rob McLean
Head of the Preparatory School

Friday 24 September
In recognition of all the students achievements this term the Prep School will host a Sausage Sizzle and a poppa for all students K-6 this Friday.
Don’t worry about packing your child’s lunch the Prep staff will cook!!!
Easy ways to develop independence in kids

If you are anxious about your child’s safety and tend to be more protective than you want, then start creating JUNIOR VERSIONS of independent living, so that kids can learn to stand on their own two feet rather than be dependent on you. by Michael Grose

A major challenge for parents is to find ways of safely moving children from being reliant on adults to a position of independence. This can be tough because your natural instinct is to nurture them.

Training for independence starts from a young age and continues into adolescence and beyond. Developing independence is one of the best ways to promote self-confidence.

When you teach children to do jobs for themselves, you send a powerful message that you believe that they are capable. Your actions speak louder than words.

Developing independence in kids can be tricky these days. Recently I heard a brilliant, yet deceptively simple idea that all parents can use to develop independence in their kids of any age.

I attended an advanced presentation skills seminar, conducted by Australian professional speaker Glenn Capelli.

Glenn said that many speakers complicated matters for audiences, making things too complex. One way of making it easy for audiences to learn is to create a JUNIOR VERSION of whatever we are talking about.

He likened this to the way that many sporting bodies have now developed modified versions of adult sports, so kids can learn the basic skills of the sport in fun, enjoyable ways.

I had one of those light bulb moments as I listened, and realised that effective parents create JUNIOR VERSIONS of the GAME all the time to help kids develop the skills of self-sufficiency and independence from a very early age.

Here are some examples:

1. We get toddlers to smooth the doonas and arrange their teddies on their beds – that’s a JUNIOR VERSION of making a bed.

2. We encourage early primary school kids to make snacks, prepare breakfasts and help prepare a meal. That’s a JUNIOR VERSION of cooking an evening meal.

3. We drive primary school kids half way to school and let them walk the rest. That’s a JUNIOR VERSION of walking to school.

4. We let an early teen go to a local cinema with friends. That’s a JUNIOR VERSION of going out without adult supervision.

There are plenty of ways to create JUNIOR VERSIONS of independent living every day so kids can become more self-sufficient.

What JUNIOR VERSIONS of independent living are you creating for your kids?

If you are anxious about your child’s safety and tend to be more protective than you want, then start creating JUNIOR VERSIONS of independent living, so that kids can learn to stand on their own two feet rather than be dependent on you.

Remember, REDUNDANCY is your aim as a parent!

Similarly, one way for kids to develop self-help skills is to create JUNIOR VERSIONS of what you already do, so they can develop the skill-sets needed to look after themselves, and help out the rest of the family.

Now that’s an idea worth thinking about!

Want your kids to help more at home without being paid? Get your FREE kids’ Chores & Responsibilities Guide when you subscribe to Happy Kids, my regular newsletter for parents at www.parentingideas.com.au.

Comment: www.twitter.com/michaelgrose

Published by Michael Grose Presentations. All rights reserved. For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
CANTOON ROSTER - Month of: October

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>22 Cathy Bloomfield</td>
<td>23 Melissa Bellamy</td>
<td>24</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

|----|----|-----------------|-------------------|------------------|

Canteen Supervisor - Rebecca Jorquera, 6392 0387

MERIT AWARDS:

COURTESY AWARDS:
Saxon Buckley, Tara Channo, Logan Usher, Maddi Cunial-Stone, Taylah Caro, Brooke Barrett, Yoshi Gounden, Hunter Rose, Mia Taylor, Dempsey Bryant, Harrisen Bryant, Cameron Pasquali, Charlotte May.

CITIZENSHIP AWARDS:

HOUSE AWARDS:
Brown: Eva Bloomfield x 2, Lachlan Brown, Jemima McCalman, Hamish Cameron, Tara Channo, Megan Crossing x 2, Catriona Denholm, Sterling Graham, Kate Hall, Samuel Harris, Caitlyn Jones, Max Jorquera, Lizzie Kwa, Myra Lim Hurt, Alex Mirrington x 2, Hugo Pearce x 2, Amelia Rawson x 2, Trent Russell, Juliet Sharpe x 2, Mia Taylor

Douglas: Eloise Coleman x 2, Rebecca Crisp x 2, Angus Crossing, Gabrielle Eade, Grace Evans, Emma Hazleton x 2, Tracey Kasjan, Samuel Lewis-Minogue, Phoebe Litchfield, Ruby Meehan, Kate Murray, Remy Niven x 2, Gidgette Pratten, Emily Symes x 2, Ethan Teber-Rossi, Henry Welsh

Gordon: Brooke Barrett, Harrisen Bryant, Dempsey Bryant, Saxon Buckley, Rosario Catalan, Siokapesi Faiva, Tupou Faiva, Charlie Hodges, Annie Pattinson, Annabel Pengilly, Praham Raoof, Maggie Smith, Logan Usher, Stanley Zhang

McLachlan: Jessica Amos, Joshua Chai, Sarah Davies, Rosie Flatau, Kyle Furness, Ryan Furness, Joel Furness, Adelaide Gavin, Campbell Gilmore, Elliot Hannelly x 2, Freya Hill, Emma Holman, Charli Mae Hobbs, Grace McBeath, Johie McLachlan, Charlie Steele-Park x 5, Ward Strutt x 2, Alexandra Strutt, Annabelle Tierney, Meghan Wheelhouse

---

A Reminder to parents of the importance of updating your contact information if you change job positions, homes, phone numbers etc. Sickbay has not been able to contact some parents over the past few weeks because of outdated information.

Thanks for your help with this. Judy Carroll

---

Learn to Swim Enrolments
NOW OPEN
Please contact Bethannie Cook on 63920335 or bcook@kws.nsw.edu.au.

- Group 30min lesson: $15 a lesson
- Private 20min Lesson: $25 a lesson
- Babies 15min lesson: $18 a lesson
- Rockets Squad: $110 a term
- Junior Squad: $125 a term
- 15% Discount for KWS families.
KWS Shop Holiday Hours

Please note: The KWS Shop will be closed from Monday 27th September until Wednesday 6th October. It will re-open on Thursday 7th October and Friday 8th October.

Also

KWS Clothing Pool Hours

The KWS Clothing Pool will be open on Thursday 7th October and Friday 8th October.

New Clothing Pool Hours for Term 4

Tuesday 10.30 am to 2:30 pm
Wednesday 8.30 am to 12 noon

SPORTS NEWS

Sport News 20th September

CONGRATULATIONS TO OUR PREMIERS!

On Saturday 4 KWS teams competed in Grand Finals and all were victorious! Thank you to all of the spectators who cheered on the KWS teams in the exciting, and often nail-biting, matches.

U11 Thunderbirds Netball – Blue Division Premiers
U10 Roar Football – C Division Premiers
U11 Victory – B Division Premiers
U12 Jets – B Division Premiers

WINTER SPORT WRAP-UP

Thank you to all of the volunteer coaches who assisted with Prep teams this winter season. Your commitment and coaching expertise are greatly appreciated by all those involved in the Prep Sport Programme – particularly the children! Without the assistance of these people we would not be able to offer all of our students the wonderful sporting opportunities that we can so THANK YOU!

FOOTBALL SHIRTS

All Football teams have now finished and it is time to return your shirts! If you are in a competitive team, once your Saturday competition has finished you must return you shirt. After you have washed your KWS Football shirt please place it in a plastic bag with your name on it and return it to the box in the Prep Office.

SUMMER SPORT 2010-11

Next term we change to our exciting Summer Sport programme! Summer Sport training will commence for all students in Years 3 to 6 on Monday 11th October. The information has been sent home detailing team lists, uniform requirements, the procedure for requesting leave, game times and a calendar of events. The programme is outlined below:

<table>
<thead>
<tr>
<th>Year 3</th>
<th>Year 4</th>
<th>Year 5</th>
<th>Year 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inter-House Competition</td>
<td>Inter-House Competition</td>
<td>Touch Football</td>
<td>Touch Football</td>
</tr>
</tbody>
</table>

School Holiday Craft ‘n’ Care

When: Each Monday, Wednesday and Friday of the holidays
Time: 12:00 pm to 5:00 pm
Where: Orange Baptist Church
59 Sale St Orange
Cost: $10 per child
To book: Call Terry Findlay on 63601133 or 0458603186

UP-COMING DATES

Monday 11 October – SUMMER SPORT BEGINS!
Saturday 16 October – First Saturday of Summer Sport competition
Monday 18 October – Prep School Sports Assembly

TEAMS OF THE WEEK

U10 Roar Football, U11 Victory Football, U12 Jets Football & U11 Thunderbirds Netball
**Sports reports for 18 September**

**Football:**

**U/12 Jets:** The Jets burst on to Jack Brabham 4 with half of the KWS Prep students, parents, staff and our very own cheerleader supporting them, we were ecstatic to play our B-Grade grand final. Many shots were fired at both ends of the field but none were able to break the back of the net until we were all shaken by one glorious shot late in the first half of the game from just inside the half way line by Alex Mirrington which sailed over the keepers head for a goal. In the 2nd half Canobolas scored an equalizer taking the game into extra time. With twenty minutes of extra time to play, Kinross were unfortunate and hit the cross bar twice. After a nerve racking 20 minutes it was still 1 all. The two teams went into a nail biting penalty shoot out. Matt Bromage slotted the first penalty like a pro. Next up was Harry Rees who just squeezed the ball into the top right hand corner winning a massive goal from the 13 boys from Kinross and the game for the U/12 Jet’s. Well done boys, thanks for such a great season and special thanks to Mr Mac, Mr May and especially Mr Roohan who never gave up on us. Bring it on Cricket season!!!!!!

**Harry Rees**

**U/11 Victory:** had an emphatic 5 nil win in the 3rd division Grand Final. For many of these boys this makes back to back Grand Final wins from 2009. Conditions were perfect for a fun game of soccer, the KWS Victory saving their best game of the season till last in front of a huge gallery of vocal supporters. Jack Billton netted a brace in the first half with decisive strikes ensuring our team went to the break 2-nil up. These two goals were set up by clever unselfish play by the midfielders: Tanner Marjoram, Sam Harbison, Paddy Hain and Lachie Hazelton. Our healthy score line was built upon the foundation set by the defensive group. The calm organised manner of Nic Pasquali complimenting and relentless enthusiasm of Henry Welsh, Trent Russell and Parham Raoof. Charile Greer and Angus Cumming shared another impeccable game in goals. It was great that Gus Crossing could help us with his support and gave some good words of encouragement at half time. Knowing we had to score at least one more goal to secure the game KWS Victory went out in the second half firing just as much (if not more) at Canobolas White. “Man of the Match” Sam Harbison scored the third goal after several brilliant attacking raids linking up with Lachie Hazelton, Angus Wright and Sam Aylwood. It must have been difficult for the quality umpires to pick a “player of the match” as a number of players had super games.

Angus Cumming clinical in his dot-shot completion after sustained pressure by KWS Victory forced a bizarre incident in the Canobolas defensive box. Seb Samodol smashed the final goal after continued clever lead-up work from Sam Harbirson, Sam Aylward, Angus Wright and Tanner Marjoram. Thanks to our teachers, friends, relatives and parents who came to support us. You really helped bring the best out of us. Thanks to Canobolas White for an enjoyable and entertaining game which was hard fought despite the score line. Tanner Marjoram

**U/10 Roar:** On a sunny Saturday morning KWS Roar were pumped to play Blayney. First Ollie runs down the field and scores a goal making it 1-0. Then after that we got another. Then another. But then they scored one. But then we scored another. But then Blayney comes back scoring 3 goals. It was halftime. We ran back on the field eager to get more goals. Although at full time it was still 4-all. We went into extra time hoping that we can score a goal. But at extra time halftime it was still 4-all. When we ran on the field we were playing really hard and finally it paid off, Harry dribbles the ball down the field and scores the winning goal. The end score was 5-4 our way. Congratulations boys, let’s do the same next year.

Thanks Mrs Houston for being a great coach all year.

Zac Condon

**Netball:**

**U/11 Thunderbirds:** It was a sunny Saturday morning. Cyms looked ready for a win. However the girls were very ready for the game. The game began in earnest. Samantha, Laura and Kelsea played an exceptional attacking game utilizing the court to their advantage. Great shooting from Rebecca, Meg and Kelsea. Cyms did not give up and with outstanding defence from Hannah, Eva and Izzy they could not break the Thunderbirds. I would like to thank all the parents for a great year and pass on comments made from the Orange Netball Association President that she has not seen that level of netball for this age group. Well Done 2010 Under 11 Champions. Melissa Bellamy

**CANCELLATION OF SPORT TRAINING**

The decision to cancel sport training is not made until 2:30 pm. A message will be placed on the sport line. PLEASE call this number on 63920450 for cancellation details, NOT THE OFFICE. (If there is no message it is either too early or training is on)

Can you also ensure you have made wet weather plans with your child so they are aware of alternative arrangements when sport is called off