Dear Parents

Last week was a clear illustration of students taking up the challenges offered at school. On Thursday for the first time for many years a Debating and Public Speaking team attended a competition against Bathurst and Orange Schools. The students have learnt a great deal over the last 4 weeks and put those skills into practice. Well done!

On Friday we held our Interhouse Athletics Carnival. While every carnival has winners and runners up it was the participation of all the children that was impressive. Every child who entered and competed in a race scored House points which typified the spirit engendered in our Houses. For those students who elected to run an 800 m knowing they won’t win a ribbon but wanting to have a go deserves commendation. Well done to all students for their efforts on Friday.

Many thanks to all the parents who assisted on the day. Your help was certainly appreciated by the staff and another example of a very supportive parent group. Thank you.

NAPLAN Testing has again received a great deal of media attention over the last few weeks. The assessments take place next Tuesday, Wednesday and Thursday (11-13 May) for all our Year 3 and Year 5’s and will be supervised by their class teachers. Our students have frequent assessment tasks and are well prepared for their testing. It must be remembered that this is one assessment and students certainly do not need added pressure to perform.

Congratulations to our Music Leaders for 2010. The following students were presented with their medallions at assembly this week:

Band – Imogen Rosborough
Strings – Brianna Chu
Choir – Canada Gavin and Lachlan Gregory

Enjoy your week.

Regards

Rob McLean
Head of the Preparatory School

Calendar Change

Parent/Teacher Interviews will be on THURSDAY 24 JUNE this term NOT Tuesday 22 June as mentioned in the Term Planner

Reminder – No Sport

There will be no sport training on Wednesday 12 May due to a staff in-service
**ASSEMBLY AWARDS**

**Merit Awards:** Daniel Shepherd x 2, Elliot Hannelly, Angus Lewis-Minogue, Tara Channo, Charli Mae Hobbs, Johie McLachlan, Annabel Pengilly, Ruby Meehan, Grace Srizich, Kate Murray, Ryan Furness, Ella Worsley, Annie Pattinson x 3, Sally Crossing x 2, Mia Marjoram, Maddy Srizich x 2, Harry Houghton, Taylah Caro, Will Rouse x 2, Bailie-Rose Miller, Jack Smith, Toby Jeffress x 2, Rosario Catalan, Caitlyn Jones, William Rawson, Ethan Teber-Rossi, Alanah Seedsman, Catie Crisp, Gidgette Pratten, Phoebe Litchfield, Catriona Denholm, Sarah Davies, Ward Stratton, Freya Hill, Mia Taylor, Adelaide Gavin, Beau Meehan, Lachie Smith, Dempsey Bryant, Jeremy L’Estrange, James Murray, Phillippa Mannix, Scott Sullivan, Fletcher Weber x 3, Georgia Lewis-Minogue, Florence Conway x 2, Anneka Graham, Billie Brownlow, Megan Murray, Jessica Amos x 3, Olivia Mirrington, Luca Wynn, Chelsea Shrimpton, Lochie Hazeldon, Jack Bilton, Samantha Syme x 2, Emerson Miller x 2, Millie Duffy-Watson, Emma Pryse Jones x 3, Parham Raoof, Kelsea Bellamy x 2, Angus Cumming, Alice Litchfield x 2, Eva Bloomfield, Trent Russell x 2, Meghan Wheelhouse x 3, Amelia Rawson x 2, Jemima McCalman x 2, Grace Evans x 4, Charlie Pittman, Angus Wright x 3, Rebecca Cunial, Eloise Coleman x 3, Siokapesi Faiva, Charlie Steele-Park, Chris Wood, Gabrielle Eade, Tracey Kasjan, Maree-Lauren Vazouras, James Crockett, Oscar Savage, Sophie Amos, Olivia Trethowan, Anna Thompson, Hugh Britton, Callie-Jane Jeffress, Drew Weber, Matt Bromage, Kelsey Gray, Mindy Khin, Myra Lim Hurt, Sam Mac Smith, Alex Mirrington, Milla Niven, Harrison Rees, Sebastian Smith x 3, Dylan Swain, Emily Symes x 2.

**Courtesay Points:** Saxon Buckley, Hugo Pearce, Sam Harris, Ben Chai, Maddy Srizich, Sameeka L’Estrange, Caitlyn Jones, Phoebe Litchfield, Jack Pengilly, Niamh McPhee, Liam Choi, Hunter Rose, Bella Hoyle-Davies, Logan Buckley, Chris McClare, Phillippa Mannix, Charlotte Anderson, Joshua Choi, Charlie Greer, Jack Bilton, Tanner Marjoram, Mary Munro, Maree-Lauren Vazouras, Tracey Kasjan, Siokapesi Faiva, Johannah Collins, Annabelle Tierney, Sam Mac Smith, Harry Rees, Canada Gavin, Dylan Swain, Lachlan Gregory, Isabelle Rees, Samantha Symes.

**Citizenship Points:** Tara Channo, Daniel Shepherd, Eloise Coleman, Samantha Syme, Kiara Taylorwood-Roe, Zali Thomas, Freya Hill, Alanah Seedsman, Alexandra Strutt, Sterling Graham, Taylah Caro, Bailie-Rose Miller, Harry Houghton, Will Hannelly, Molly Knight-Hannan, Sophie Brunner, Jeremy L’Estrange, Sarah Davies, Fiona Hill, James Murray, Ethan Rutherford, Georgia Lewis-Minogue, William Smith, Florence Conway, Oscar Tierney, Anna Thompson, Megan Murray, Angus Crossing, Emily Saran, Hannah Engelhardt, Emerson Miller, Samantha Syme, Eva Bloomfield, Rebecca Cunial, Amelia Rawson, Kelsea Bellamy, Chris Wood, Hamish Cameron, Rebecca Crisp, Harry Rees.

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**KINROSS WOLAROII SCHOOL – CANTEEN ROSTER - Month of: May 2010**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
<td>3  Jaianne Summers</td>
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<td>10 Victoria McCourt Munro</td>
<td>11 Cheryl Hansen</td>
<td>12 Muffy Steele-Park Hilary Britton</td>
<td>13 Karen McKenzie</td>
<td>14 Karen Lennox Jill Peterson</td>
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<td>17</td>
<td>18 Sarah Mac Smith</td>
<td>19 Linda Kelly</td>
<td>20 Helen Gray</td>
<td>21 Kate Doyle Luisa Sims</td>
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<tr>
<td>24</td>
<td>25 Lyn Sellwood</td>
<td>26 Cathy Bloomfield</td>
<td>27 Theresa Cassimatis</td>
<td>28 Cindy Williams Robyn Hicks</td>
</tr>
</tbody>
</table>
Almost everyone would have heard of Type 2 Diabetes. It accounts for about 85% of all people with diabetes. In Australia there are around 55,000 new cases each year.

**TYPE 1 DIABETES** is the more serious form of diabetes. You can’t catch it and it’s not caused by lack of exercise. It is an **AUTOIMMUNE DISEASE** which occurs when the body’s immune system mistakenly destroys the cells in the pancreas that produce insulin. Everyone needs insulin to live.

Because they no longer produce insulin, people with **TYPE 1 DIABETES** require up to 6 insulin injections every day. They also need to check their blood glucose (sugar) levels up to 6 times a day (by way of a finger prick) and carefully monitor their food intake and exercise regime on a daily basis. If their blood glucose (sugar) levels drop too low (commonly referred to as a “hypo”) they require a quick dose of sugar to prevent them going so low so as to go into a coma. Jelly babies or jelly beans are often used as a quick source of sugar. **TYPE 1 DIABETES** is difficult to manage.

**TYPE 1 DIABETES** is quite rare and accounts for around 10% of all people with diabetes. It is with you for life as there is currently no known cure. Every day 5 more Australians are diagnosed with this disease, most of them children. **IT CANNOT BE PREVENTED.**

The Juvenile Diabetes Research Foundation (JDRF) is working hard to help find a cure by funding the best and most promising medical research. It raises money for research in a number of ways, one of which is the sale of Jelly Baby Themed Merchandise during the month of May each year.

**This Friday, 7th May, we will be supporting the Juvenile Diabetes Research Foundation by holding a Mufti Day. Come dressed in bright Jelly Baby colours.**

**We will be selling**
- Jelly Babies $2.00 per packet
- Wrist Bands $1.00 each

A big THANKYOU to all who are able to support this cause.
FROM THE KWS SHOP

The KWS shop has Drizabone rain coats for sale. Special price $85.00 all sizes.

NEW RUGBY HEADGEAR
Available at the Clothing Pool
Canterbury brand in KWS colours - Get in quick………..

FOUND

1 A pair of reading glasses. Found in the Prep car park in a brown hard case. The arms of the glasses are green. They can be collected from the Prep office.

2 A sum of money was found on Friday – if it is yours and you can identify the amount and notes it can be collected in the Prep office.

LOST

Jock Pryse Jones has lost his Track Suit Pants and Cap. The Tracksuit pants at the Athletics Carnival on Friday, his cap on Thursday at PE. If found please return to Jock or bring to the Prep office.

Changed Child Restraint Laws

The RTA has asked that schools, including those with preschools and early learning centres, be reminded of recent changes to the child restraint laws which came into effect on 1st March 2010. The new laws require that all children under 7 years of age be secured in an approved child restraint or booster seat when travelling in a vehicle. Specifically:

- Children up to 6 months of age must be restrained in an approved rearward facing child restraint
- Children from 6 months to under 4 years of age must be restrained in an approved rearward or forward facing child restraint
- Children from 4 years to under 7 years of age must be restrained in an approved forward facing child restraint or booster seat
- Children under 4 years of age must not be in the front row of a vehicle that has two or more rows
- Children from 4 years to under 7 years of age can sit in the front row of a vehicle with two or more rows only when all other back seats are occupied by children younger than 7 years of age in approved child restraints or booster seats.

The transitional period relating to these law changes finishes on 30th June 2010 to assist organisations and individuals to fully understand and comply with the legislation, although it should be noted that this is not a complete exemption. Questions about the laws should be directed to Susanne Osborne at the RTA NSW Centre for Road Safety at susanne_osborne@rta.nsw.gov.au or on (02) 8588 5804.

2010 KWS ATHLETICS CARNIVAL

What a stunning day was had by all last Friday at our Athletics Carnival. The weather was perfect and all of our students should be commended on their participation in the day. This year any student who participated in an event was given a point towards their house total meaning every student contributed towards their team’s final total simply by entering and doing their best in an event. Here’s a little overview of what happened at the carnival.

Final House Points

4th Gordon 627
3rd Brown 809
2nd Douglas 820
1st McLachlan 868

Championships

<table>
<thead>
<tr>
<th>Snr Boys</th>
<th>11 Years Boys</th>
<th>Jnr Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>Alex Mirrington</td>
<td>Charlie Pittman</td>
</tr>
<tr>
<td>2nd</td>
<td>Harrison Rees</td>
<td>Nathanael Vazouras</td>
</tr>
<tr>
<td>3rd</td>
<td>Jack Harris</td>
<td>Jack Bilton</td>
</tr>
<tr>
<td>Snr Girls</td>
<td>11 Years Girls</td>
<td>Jnr Girls</td>
</tr>
<tr>
<td>1st</td>
<td>Annabelle Tierney</td>
<td>Jemima McCalman</td>
</tr>
<tr>
<td>2nd</td>
<td>Maree-Lauren Vazouras</td>
<td>Kelsey Gray</td>
</tr>
<tr>
<td>3rd</td>
<td>Sophie Fenton</td>
<td>Kelsea Bellamy</td>
</tr>
</tbody>
</table>

Records

- Charlie Pittman 11 Years Boys 800 m 2.53.80
- Jemima McCalman 11 Years Girls 800 m 2.47.68
- Sophie Fenton Snr Girls Discus 22.75 m
- Jemima McCalman 11 Years Girls Shot Put 7.79 m
- Sophie Fenton Snr Girls Turbo Jav 18.46 m

Congratulations to all students on your achievements throughout the day. The next event on the Athletics calendar is the WAS Athletics Carnival which will be held on Wednesday 18th August.

For further results from the carnival check out the notice board at school. Congratulations to all students on your achievements throughout the day.

Winter Sport

Team of the Week

This week we had four nominations for team of the week. The U/10 Netball team ‘The Pulse’ was awarded this prestigious prize for their wonderful stamina, determination and ball handling skills. They combined well as a unit and enthused one another throughout the game. They put into practice what they had learnt at training.

They share the award with U/9 Fury who put on a brilliant display of attacking football winning 9-0. Team work was a feature of the performance. The U/8 Taipans also excelled as they played on a much larger field to overcome several hurdles to move from strength to strength. They spread out more in the second half and were very impressive with their passing.

Finally the U/11 Swifts also take out the award for performing so well in back to back games over Friday and Saturday. Well done to all our teams and keep up the great work.
CIS Selection

Congratulations to Kelsey Gray who was selected in the CIPS Hockey team last week. An outstanding achievement Kelsey!

WAS and HICES Cross Country

This Thursday 6 May our Cross Country squad will travel to All Saints’ College in Bathurst for the 2010 WAS Cross Country Carnival. The aim of this carnival is to provide our squad with an opportunity to interact with other local schools in the sporting arena and to provide our competitors with a practice run in preparation for other Representative Carnivals. In the 8/9 Years, 10 Years and 11 Years Division we can send 6. We can send 5 competitors whilst in the 12/13 Years we can send 6. We wish our squad well!

Outstanding Achievement in Sport

There was some impressive work from Dylan and Jesse Swain in a Duathlon over the weekend. A Duathlon involves a 1km run, 10km ride and a 3km run. Dylan finished 1st in his group whilst Jesse finished a quality 7th. Well done Swains!

Well done also to Myra Lim Hurt and Hannah Solari who excelled in Gymnastics over the weekend. Myra competed in the level 1 Prep Senior Division and came 1st on the beam, 3rd on the bar, 2nd on the vault, 1st on the floor to finish 2nd overall. Hannah competed in the 1 Prep Intermediate and came 2nd on the beam, 6th on the bar, 2nd on the vault, 5th on the floor to finish 5th overall.

Finally we had 5 of our girls in the Orange 11’s netball Development Squad over the weekend. Well done to Isabelle Rees, Emerson Miller, Alice Litchfield, Jemima McCalman, Rebecca Crisp and Kelsea Bellamy who finished 1st and 2nd in their age group.

Annabelle Tierney and Lizzie Sivester have been selected in the Orange Rep Hockey Team and Bella Foster and Kate Hall have been picked in the B Team. Well done girls and all that.

Sports Reports for Saturday 1 May

Please email Cathy Watkins your sport reports on cwatkins@kws.nsw.edu.au

Football

U/6 Cobras: On a lovely Saturday morning we played the Waratahs at PLC. For our first game we played really well with Logan, Daniel and I scoring some good goals, with great help and passes from Angus and Ruby. Saxon Buckley

U/7 Pumas: It was a beautiful sunny morning for the Pumas first game of the season against SJS White. Phoebe scored the first goal and went on to score 3 more. Goals were also scored by Will Rouse, Will Hannelly, Campbell and Jack. Everyone played really well and due to our great defence we won 8 – 0. Thank you to Andrew Gilmore for coaching us to our first win of the season. Jack Smith

U/8 Lions: This week the under 8 Lions played Millthorpe. We really enjoyed our first game and running around marking the other players. We kicked the ball hard and passed to each other as much as we could. It was lots of fun with the end result being 5-0 to Millthorpe.

Harry May

U/8 Taipans: The Under 8 Taipans arrived at Blayney and had a much bigger field to play on. Owen scored the first goal. Jeremy scored the last goal. Sophie was amazing for her first game of soccer. Owen was awarded ‘player of the week’. Thank you Dr Bloomfield for being a fabulous Instructing Referee. Jack Pengilly

U/9 Glory: It was a beautiful Saturday morning with all the boys very excited and confident after a great training session during the week. It was our first time on the larger fields and Waratahs were very keen to have a win as well. Glory played very well with passing contributing to many goals. In the end Glory won 10-nil. Thank you to Mr Pritchard. Ben Bellamy

U/9 Fury: The Under 9 Furys had a fast and furious start to the 2010 football season against Waratahs. Oscar Tierney, Ollie Steele-Park, Ethan Buesnel, Mitchell Harris, Jack Saran all scored a goal, while Mitchell Strike scored three. We all had a cracking game and won 8-0. Keep up the great work guys!

Jack Saran

U/10 Roar: On a hot Saturday morning Kinross went to Jack Brabham for a great game of soccer against SJS. In the first half we were playing quite strongly until SJS broke through our defence and scored. Not long after they scored another goal. It was soon half time. We ran on for the next half ready. But soon SJS scored again. Then again. Finally Kinross received a corner. This was the chance for Kinross to get a goal. The corner was taken and it curled into the goal. Then it was full
time. Don’t worry boys we’ll get them next time. Thank you Mrs Houston for coaching us. Zac Condon.

**U/12 United:** On the first day of soccer for the U12 United the skies were blue. We set off to face the Waratahs Raiders. We started out well with a few close shots and saves. Then Charlie scored. The whistle blew. Halftime 1-0 - After a quick tactical discussion we ran back on. Almost instantly Lachlan scored a goal 2-0 Then he scored another and another, 4-0. Toby switched with Louis as goalie and Louis made a quick and good goal. 5-0. Then finally Waratahs put the ball into the goal 5-1. Then in a great finish to the game, Lachlan scored again. A short time after the whistle blew. 6-1 to Kinross. Man of the match in my opinion was shared between Lachlan with 4 goals and Toby with great defence and attacking play. Brilliant soccer guys keep it up. Thanks Mr. Condon and Mr. Lockwood for coaching. Harry Brunner.

**Netball**

**U/10 Pulse:** On a cloudy Saturday morning the Under 10 Pulse had a great 2nd game. The score was 11-2 our way. Great game girls and thank you Mrs D for coaching us. Jess Amos

**U/10 Magic:** The U10 Magics set out on the court and got going. We didn’t start off well and we didn’t finish well either. We lost by a whopping 23-0. So what did we learn? That we have a lot of work to do. Louisa Gilmore

**U 11’s Swift:** After a tiring athletics carnival the U11’s Swift’s set out to play a game of netball against P.C.Y.C. Millie did some great defending and Jemima and Emerson did some great shooting. The end score was 11-4 their way. Thank you Mrs Whiteley for giving up your Friday afternoon and also all of the parents who came and watched. We all played well and I could tell we were all tired by the end of the game. Alice Litchfield

The swifts had a great game on Saturday, defeating OPS Bubbles 19-5. Impressive defence and fantastic goal shooting had the crowd cheering. Millie Duffy-Watson

**U/11 Thunderbirds:** On Saturday the U11 Thunderbirds went to the PCYC courts to play a great game of netball. We did some fantastic intercepts, but I think we need to work on our stepping and passes. We won the game 4-7 our way. Thank you very much Mrs Bellamy for being a wonderful coach. Eva Bloomfield

**U/12 Firebirds:** The whistle blew and the Firebirds were off to a tough start against the CYMS Hogsters. They were swift in passing the ball and running up their score. However the Firebirds tried to put a halt to it with Rebecca scoring our first goal. Great defence and intercepts by Zoe, Canada, Brooke, Gabby, Emily and Mindy. By the end of the game the score was 31-5 their way. It was a tough game but we strived to work as a team. Thank you Mrs Essex and Firebirds for giving it your best shot, better luck next time.

**Hockey**

**U/13 Cyclones:** We ran onto the field pumped and ready to win against the KWS A team the Sapphires. The end score was 9-0. Great try girls. Bring it on Ex-Services, Bella Foster

**U11 Tornadoes:** On a bright sunny morning the under 11’s hockey set out to play Molong it was a great game with lots of great tackling and passing by everyone in the end it was 3 nil. Thank you Miss Holmes for coaching us and better luck for next Saturday. Kiara Taylorwood-Roe

**U/9 Hurricanes:** Hurricanes ran onto the field ready to play Ex-Services. Even though we defended well, Ex-Services were able to score 2 goals. In the second half Haidee stopped a couple of goals. We tried our best to score some goals but Ex-Services defence was too strong. Thankyou Mrs Emerson and Mrs Bryant for coaching and assisting us. Meg Murray

**Minkey:** The girls all played very strong defence. Their ball skills are improving week by week. Star player of the week was Mia Marjoram who stopped 2 goals! Caitlyn Jones

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**This week’s draws:**

**Football Draw – Saturday 8 May**

<table>
<thead>
<tr>
<th>Team</th>
<th>Time</th>
<th>Ground</th>
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<tbody>
<tr>
<td>U/6 Cobras</td>
<td>11.15 am</td>
<td>PLC</td>
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<tr>
<td>U/6 Tigers</td>
<td>11.15 am</td>
<td>PLC</td>
</tr>
<tr>
<td>U/6 Bears</td>
<td>11.15 am</td>
<td>PLC</td>
</tr>
<tr>
<td>U/7 Pumas</td>
<td>10.00 am</td>
<td>PLC</td>
</tr>
<tr>
<td>U/7 Cheetahs</td>
<td>10.00 am</td>
<td>PLC</td>
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<tr>
<td>U/8 Lions</td>
<td>10.00 am</td>
<td>PLC</td>
</tr>
<tr>
<td>U/8 Taipans</td>
<td>10.00 am</td>
<td>PLC</td>
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<tr>
<td>U/9 Glory</td>
<td>11.00 am</td>
<td>Waratah 12</td>
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<tr>
<td>U/9 Fury</td>
<td>11.00 pm</td>
<td>Cudal</td>
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<tr>
<td>U/10 Roar</td>
<td>9.40 am</td>
<td>JB 6</td>
</tr>
<tr>
<td>U/11 Victory</td>
<td>12.10 pm</td>
<td>KWS North</td>
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<tr>
<td>U/12 United</td>
<td>10.55 am</td>
<td>JB 3</td>
</tr>
<tr>
<td>U/12 Jets</td>
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<td>JB 2</td>
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**Netball Draw – Saturday 8 May**

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<thead>
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<tr>
<td>U/10 Pulse</td>
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<tr>
<td>U/10 Magic</td>
<td>9.00 am</td>
<td>A</td>
</tr>
<tr>
<td>U/11 Swift</td>
<td>10.00 am</td>
<td>3</td>
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<tr>
<td>U/11 Thunderbirds</td>
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<td>5</td>
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<tr>
<td>U/12 Firebirds</td>
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**Hockey Draw – Saturday 8 May**

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<tr>
<td>Minkey</td>
<td>12.00 pm</td>
<td>Davis</td>
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<tr>
<td>U/9 Hurricanes</td>
<td>12.00 pm</td>
<td>Smith</td>
</tr>
<tr>
<td>U/11 Tornadoes</td>
<td>11.00 am</td>
<td>Smith</td>
</tr>
<tr>
<td>U/13 Cyclones</td>
<td>9.00 am</td>
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