Dear Parents

A big thank you to all the parents who have volunteered their time and expertise in assisting our K-2 children in the swim school. Whether it is developing water confidence or stroke correction your help is greatly appreciated by all.

For those new to the school all children from K-6 will be involved in our Inter-House Swimming Carnival this Friday. Whether your child is a budding champion or is learning to swim there will be events for your child to enter. Parents are most welcome to attend.

Last Friday our first Peer Support session was held and from all accounts the Year 6’s have made a splendid start in implementing the programme on Anti-Bullying. Each student has to plan and deliver their lesson to their group. Our Year 6’s were all presented with their Peer Support badges during Chapel last Friday.

After School Care is a service provided by the school for parents who are unable to collect their children at the end of normal school. It is critical that you register your child even if it is on the morning of the day desired. The programme cannot be adequately staffed if children simply turn up. Having After School Care properly staffed makes for a safer environment for your child. Please assist us in this matter. If you regularly use it please collect a form from Cathy Hancock in the office.

Last year Mr Romko Hordynsky’s Year 5 & 6 show ‘Maharabad’s Bazaar’ received 4 nominations at the CAT awards (Canberra Area Theatre). This included:

- Best Actress – Rebecca Crisp
- Original Script – Mr Hordynsky
- Best Costumes – Mrs Aileen Priest
- Best Theatre moment – Mr Hordynsky

The awards will be announced this Saturday and we wish all involved every success.

This week’s reading from Michael Grose is titled ‘Getting kids to school on time’. As he states “…. Your child may be missing more than you realise if he or she is continually late ….“. He makes some interesting observations.

I look forward to seeing many of you at the Parent/Teacher Interviews tonight.

Enjoy your week.

Regards

Rob McLean
Head of the Preparatory School

Protect our students who have severe allergies by not packing nuts, eggs, fish or kiwi fruit in lunch boxes
KINROSS WOLAROI SCHOOL
UNDER 13’S CRICKET TEAM
Sally Kennett Fields
Saturday 19th February 2011

Turns pink for the McGrath Foundation
Pink Stumps Day

Please join in the fun and come dressed in pink.

There will be fines for catches, boundaries hit and also wickets taken. Gold coin donation
Volunteers will roam the Kinross grounds with collection tins for donations. Donations of $2 or more will
receive a receipt. All monies raised goes toward more McGrath Breast Care Nurses

We have been fortunate to receive a ‘Pink Stumps Day team kit’ which comprises of a pink kit bag,
pink stumps x 3 and 6 pink safety cricket balls, pink wicket keeper pads,
pink playing caps and pink sew-on badges to deck out the players and the pitch. These
items will be auctioned after the game. We know the boys will look good in pink and we look forward to
your wonderful support. Many thanks in anticipation of a great day - Enquires: Sandra Harris (0409153471)

MERIT AWARDS

- Kate Murray, Peter Saran, Oscar Tierney, Alanah Seedsman, Luca Wynn, William Cheney,
  Jemma Barrett x 3, Emma Holman, Monique Worsley x 2, Ruby Niven, Emma Hazelton, Kyle Furness, Louisa
  Gilmore, Maggie Smith, Jemima McCalman, Angus Wright, Lucy Arundell, Jack Bilton, Angus Crossing,
  Hannah Engelhardt, Amanda Gee, Charlie Greer, Patrick Hain, Sam Harbison, Lachie Hazelton, Nicholas
  Pasquali, Isabelle Rees, Seb Samodol, Emily Saran, Chelsea Shrimpton, Georgia Staniforth, Kiara Taylorwood-
  Roe, Henry Welsh.

COURTESY POINTS – Attentive in class
- Charli Mae Hobbs, Angus Lewis-Minogue, Sameeka L’Estrange, Joshua Chai. Lovely Manners – Ziggy Jackson – Le Couteur, Rosie Flatau, Sarah Davies, Bailie-Rose Miller, Fiona Hill,
  Beau Meehan, Alanah Seedsman, Molly Knight-Hannan, Amelia Rawson, Kelsea Bellamy, Emma Crossing,
  Olivia Taragel, Indigo Devane, Jamie Abiassaf, Fletcher Rose, Emerson Miller, Paddy Hain, Arabella McLeay.

CITIZENSHIP POINTS – Helping in class and being a good friend
- Maddie Stone, Hugo Pearce, Peter Saran and
  Megan McClare, Niamh McPhee, Freya Hill, Hunter Rose, Harry May, Rosie Flatau, Ben Bellamy, Charlotte

HOUSE SPIRIT – Charlie Pittman, Nick Pasquali, Paddy Hain. Helpfulness – Max Waddell, Tanner Marjoram x
  2, Logan Buckley. Vege Garden Helpers – Monique Worsley, Chelsea Foster, Jess Amos, Jemma Barrett, Kyle
  Furness, Ailish Seedsman, Emma Holman, Emma Hazelton, Isabella Emmi, Olivia Targel, Saskia Smith.

GENTLEMAN TO THOSE LESS FORTUNATE: Ailish Seedsman and Alanah Seedsman.
Getting kids to school ON TIME!

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late. by Michael Grose

“Come on Jack! Get a move on. School starts in ten minutes and you’re not even dressed yet!”

If this scenario sounds familiar then you are not alone. Anecdotal evidence suggests that getting children to school or pre-school on time can be one of the most difficult tasks for parents.

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late. Current research shows that mornings for most children are the most productive time of the day with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do precious minutes are lost. A child who is fifteen minutes late to school each day misses one week of school every year.

How can you get your dawdling kids out the door without yelling yourself hoarse? Here are a few techniques and ideas for you to try to get your punctually-challenged children to school on time:

✔ Establish a morning routine.
Make sure your children know what is expected of them in the morning, and also what you will do. Resist nagging but be willing to take them to school even if they haven’t fully prepared for the day.

✔ Identify and remove distractions such as television.
If the children are regular watchers before school change the routine and keep the TV off. It should only be turned on when children are completely ready for school.

✔ Teach some of the basics of time management.
The average adult underestimates by about 25 per cent the time it takes to do various jobs. Make sure you have realistic time estimates and stop packing so much into the time you allocate. Encourage older children to estimate how long it takes to do activities such as getting ready in the morning. Then they can measure the time taken to do these tasks and compare their estimates with real time.

✔ Arrive at school ten minutes early.
Plan to arrive at school early rather than be there on time. This idea works well for perpetual latecomers, whether young or old.

✔ Model a good routine.
Its pointless expecting children to be organised in the morning if you are in a muddle yourself. Set a good example by being as methodical as possible and avoid sleeping in unless your children are so organised that they get you breakfast in bed. And pigs might fly as well!

Published by Michael Grose
Presentations. All rights reserved.
For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
PREP BAND!

Tuesday afternoons
3:30 - 4:30pm in room 68
(Music Centre)
Any student learning a band instrument can join!
See Mrs McRae if you are interested

Festa Italiana

ARTS AND CRAFT MARKET, DUNK TANK, RIDES, VIOLIN MAKER, DODGEM CARS, MECHANICAL BULL FACE PAINTING, ANIMAL CORNER, GELATO, KITES, TOFFEE APPLES, JUMPING CASTLE, PREP BOTTLE STALL, CHOCOLATE STRAWBERRIES, a VESPA and a FERRARI

Just some of the things to see and do this year at the Kinross Wolaroi School Fair
Saturday 5 March 2011
10.00 am – 3.00 pm
All money raised this year will go towards the new bus shelter

Remember your Raffle tickets***

Fair Co-ordinators
Mim Pratten: 0428 652234 mimpratten@bigpond.com
Sally Wilson: scarrs@ix.net.au
CLOTHING POOL
School children can purchase items from the Clothing Pool with a signature and items will be charged to your school account. Prep Students can visit the clothing pool at lunch time with teachers approval. Opens Tues & Wed 10.30am - 2pm (School Days).

~ KWS CANTEEN ~
VOLUNTEERS ROSTER - FEBRUARY 2011

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<thead>
<tr>
<th></th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>16</td>
<td>Pia Stonham</td>
<td>Sandra Jones</td>
<td>Luisa Sims (At Pool)</td>
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<td></td>
<td>Melissa Buesnel (L)</td>
<td>Bernadette Binnie</td>
<td>Eleanor Cook (Canteen)</td>
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<tr>
<td>23</td>
<td>Cathy Bloomfield</td>
<td>Jean Welsh</td>
<td>Lisa Arundell</td>
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<tr>
<td></td>
<td>Karen Cameron (R)</td>
<td>Colin Touzell</td>
<td>Sue Johnson</td>
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Many thanks to all those who have kindly offered to volunteer. The response has been great!😊

There is still a need for more volunteers as parent’s schedules are always changing.

For offers and enquiries, please contact:
Kim Rossi – kimr11@bigpond.com or Ph: 63 65 3929.
(L) = Lunch; (R) = Recess

From the Health Clinic
If you have not returned your child’s medical history can you please do so asap. This paper work is vital in the clinic caring for your child.

SPORTS NEWS

K-2 Swimming Programme
The K-2 students have been busy with their swimming programme in anticipation for Friday’s Carnival. The students have been enthusiastic and full of energy with their time in the pool. They have been practising their skills, blowing bubbles, kicking, diving etc just to name a few!

A huge "Thank you" to the lovely parents (Mums and Dads) who have been so generous in giving up their time to help with the Swim Programme as without them, the students would not get this opportunity to be in the water. THANK YOU to Kylie Lewis-Minogue, Mel McClare, Neil McLachlan, Lisa Cunial, Cathy Bloomfield, Sarah Crisp, Nick Mastrangeli, Gizelle Kircher, Jen Murray, Julia Hobbs, Amelia Key, our Gappies and all the K-2 teachers on their efforts in running this two week successful programme.
The Prep School Swimming Carnival will be held this Friday, commencing with a K-6 House March Past. Children are reminded to be at school on time as this will begin at 8.55am in the gym. Races will begin at approx. 9.20am after the presentation for Individual Medley and 100m Freestyle.

Upon arrival at school, K-2 children are to put their bags, hats and tracktops in their classrooms whilst Year 3-6 students are to leave their bags, hats, tracktops in the grand stand seating. When the bell rings, students are to make their way to the gym to commence the House March Past. House colour ribbons and hats are encouraged to be worn.

A reminder to all students that full sports uniform is required including school swimming costume. Hat, sunscreen, food and water also must be brought to school. A house coloured swimming cap must be worn for races. There will be a canteen operating outside of pool area offering lunch foods and snacks. No student will be allowed to visit the school canteen during the day.

Parental help is needed during the day, especially with timekeeping. If you are able to assist, please let myself or Mrs Hancock know.

Students are to stay for the duration of the carnival and may not leave until the conclusion of the day. Full sport uniform including joggers and tracktops are to be worn home. All K-2 students will join the 3-6 students for their races at approximately midday.

Relay races will be held at the end of the day, with the Medley relay being preselected from trial times. All other relays will be selected on times across House groups from the carnival times except K-2 relay which is a general participation relay (non 50m swimmers).

Just a general reminder that students and parents are to sit in their designated seating and that the recording area and marshalling area be kept free of spectators. Students may visit parents and friends but must listen for their swimming events at all times.

Next Thursday 24th Feb, the WAS Swimming Carnival will take place at the KWS pool within school times. Students selected will receive letters home on Tuesday next week outlining more information.

Looking forward to a fun and enjoyable Swimming Carnival.

Mrs Louise Barrett.
PE / Rep Sports Co-ordinator

Netball

Term 2 will see the start of Winter Sport. The Orange Netball Association requires KWS to grade all teams where we have two teams in the same age group. Trials will be held during Term 1.

Please see Mrs King or Mrs Whiteley if you are unable to attend the appropriate day.

HICES Netball team will be competing on Wednesday 16th March. Trials will be open to all Year 5 and 6 girls.

<table>
<thead>
<tr>
<th>WHEN</th>
<th>WHERE</th>
<th>TIME</th>
<th>WHO</th>
<th>BRING</th>
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<tbody>
<tr>
<td>Wk 5 Mon 28th Feb</td>
<td>Gym</td>
<td>All of lunch</td>
<td>HICES Yr 5 &amp; 6 Girls Only</td>
<td>Lunch &amp; Joggers</td>
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<tr>
<td>Wk 5 Wed 2nd March</td>
<td>Gym</td>
<td>2nd half lunch</td>
<td>12’s</td>
<td>Joggers</td>
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<tr>
<td>Wk 6 Wed 9th March</td>
<td>Gym</td>
<td>2nd half lunch</td>
<td>11’s</td>
<td>Joggers</td>
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<tr>
<td>Wk 7 Mon 14th March</td>
<td>Gym</td>
<td>2nd half lunch</td>
<td>10’s</td>
<td>Joggers</td>
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Out of School Achievements:

Swimming: Noah Lamrock swam at the Cowra Carnival and received 1st in Butterfly, 2nd in Backstroke, Breaststroke and Freestyle. He also received 2nd in Backstroke, 3rd in Breaststroke and Butterfly and 4th in Freestyle. Well done Noah!

Athletics …more students who competed at Zone have made it through to Regional: Lachlan Brown, Jack Pengilly, Catie Crisp, Phoebe Litchfield, Ollie Steele-Park, Will Cheney and Alice Litchfield

Dressage & Show Jumping
Emma Pryse Jones competed at the Carcoar Dressage & Show Jumping Day in Blayney recently. Her results were as follows:

3rd AM7
2nd Grand Prix
4th Power & Speed
2nd Dressage Prep 2 – 12 to 17 Years
Champion “D” Grade jumper overall

Sport for this week

Please remember to email all sport reports to Mrs Hancock – chancock@kws.nsw.edu.au

<table>
<thead>
<tr>
<th>SPORT/TEAM</th>
<th>TIME</th>
<th>VENUE</th>
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<tr>
<td>U10 Cricket</td>
<td>17/2 - 4:45 p.m</td>
<td>Couralie</td>
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<tr>
<td>U12 Cricket</td>
<td>8:15 a.m</td>
<td>PLC 1</td>
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<tr>
<td>U13 Cricket</td>
<td>8:15 a.m</td>
<td>Sally Kennett</td>
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<tr>
<td>Year 3 - Athletics</td>
<td>8:30 a.m</td>
<td>Main Oval</td>
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<tr>
<td>Year 6 - Basket</td>
<td>8:30 a.m</td>
<td>Gym</td>
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<tr>
<td>Ball</td>
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<tr>
<td>Inter-House</td>
<td>8:30 a.m</td>
<td>Ex-Students’</td>
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<td>Competition: T-Ball</td>
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Sport reports

Interhouse Summer Sport Competition

Sport: T-Ball

Week 2: Games 4 - 6

The high scorers of the week for each House were:

Brown: Anneka Graham
Douglas: James Murray
Gordon: Harrisen Bryant
McLachlan: William Cheney

Star Player of the week: Harrisen Bryant
(Gordon House) – 2 magnificent home runs!

Highest scoring team: McLachlan Crusaders

Year 6 Basketball

Namers: The sound of balls bouncing filled the air as Year 6 Basketballers took to the field. One particular match involved the Namers. In the first half they took it to the opposition and were leading by a goal or two. Then the opposition used their strength to score as many goals as possible. After being down 21-10 going into the last quarter the Namers fought back to win 24-21. Well done guys.

FOR SPORT CANCELLATIONS

LISTEN TO 105.1 OR LOG ON TO THE KWS WEBSITE WHERE YOU WILL FIND UP TO THE MINUTE SPORTING CANCELLATIONS AND YOU CAN JOIN TO RECEIVE INSTANT TWITTER ALERTS.

CANCELLATION OF SPORT TRAINING

The decision to cancel sport training is not made until 2:30 pm. A message will be placed on the sport line. PLEASE call this number on 63920450 for cancellation details, NOT THE OFFICE. (If there is no message it is either too early or training is on)

Can you also ensure you have made wet weather plans with your child so they are aware of alternative arrangements when sport is called off.
School Fair
Saturday 5 March 2011.

Start collecting and filling those bottles/jars for our School Fair.

Each year the Prep students collect and fill as many bottles and jars as they can to sell on the Bottle Stall to raise money for our school to purchase more equipment for our children.

SUGGESTIONS:
★ Jars filled with lollies in papers
★ Jars filled with hair bands & clips
★ Jars of jam/Vegemite/honey
★ Bottles of wine
★ Jars with pens/pencils etc
★ Use your imagination !!!!

Please note all Jars/Bottles must be to the value of at least $2 dollars or more.
If you send in less than $2 value per Bottle/Jar, they will be returned to you.

How many jars can you do?? 1, 5, 10 or more..........

NOTE: Please make sure the jars are clean, especially with lollies!!

BE CREATIVE AND HAVE FUN!