



KINROSS WOLAROI  
SCHOOL

## SENIOR SCHOOL SPORT CHOICES

### SUMMER SEASON TERM 4, 2020/TERM 1, 2021

The following are the choices available for students for the 2020/21 Summer Season.

All students must make ONE choice. **Please do not select multiple sports.**

Inclusion into a second sport must be negotiated with the Head of Sport Mr J Priest.

Some of these sports have capped numbers. Please ensure you choose your sport by the due date to avoid disappointment. Please be aware that we can only fill in the sport places where other students have left gaps.

SUMMER SPORT 2020/2021	DESCRIPTION
<b>BASKETBALL</b> (Boys & Girls)	<p><b>Senior Grade Competition:</b> (Limited numbers, based on selection)</p> <p><u>Training:</u> Two training sessions per week, either before or after School depending on Team selection.</p> <p><u>Games:</u> Senior Grade matches are played at Anzac Park and can involve game times that start as late as 8.30pm</p> <p><b>Internal Competition:</b> (All remaining participants)</p> <p><u>Training:</u> At KWS on Tuesday and Thursday afternoons.</p> <p><u>Games:</u> At KWS on Saturday mornings</p> <p><u>Uniform Requirements:</u> KWS Basketball Jersey and Basketball Shorts or Sports Shorts for games, KWS Sports uniform for training sessions.</p>
<b>CRICKET</b> (Boys & Girls)	<p>Local Junior and Senior Grade Competition.</p> <p><u>Training:</u> Cricket involves training at school on Tuesday and Thursday afternoons.</p> <p><u>Games:</u> Junior games are played on Saturday mornings commencing at 8.30am, Colts games will be played on Friday afternoons. Grade Competition matches are played on Saturday afternoons. Cricket can require some travel to play games (Bathurst).</p> <p><u>Uniform/ Equipment:</u> KWS Cricket Whites for games. Due to current COVID restrictions, there is to be no sharing of equipment. All students must have a batting helmet, gloves and pads for the season. Wicket keepers must also have their own gloves. (Please see Mr Ronald if you require any of these items to borrow for the season).</p> <p><u>Registration:</u> Players must register with the club at <a href="http://Playcricket.com.au">Playcricket.com.au</a>. Junior registrations incur a \$5 insurance fee from Cricket NSW, reimbursed by KWS upon season commencement.</p>

<b>Fitness</b> <b>(Senior students only)</b>	<p>3 Sessions per week – Tuesday, Thursday and Saturday morning at KWS Gym. Only open to Senior students. Please note that this is subject to a <b>maximum class size</b>. Senior students will be allocated based on the <b>timing of their response</b>.</p> <p><u>Uniform Requirements:</u> KWS Sports uniform, or KWS Sports shirt with plain black/ navy exercise tights</p>
<b>INTERNAL TOUCH FOOTBALL</b> <b>(Girls)</b>	<p>Students will compete in an internal competition. There may also be the possibility of informal fixtures against local schools.</p> <p><u>Training:</u> Tuesday and Thursday afternoons</p> <p><u>Games:</u> will be held on Saturday mornings at KWS</p> <p><u>Uniform:</u> Students will be required to wear a KWS Touch Football singlet top for games, and KWS sport shorts or plain black shorts. All students will be required to wear studded football boots.</p>
<b>ROWING</b> <b>(Boys &amp; Girls)</b>	<p>Rowing squad is based on a selection criteria. Students who are wanting to trial for the KWS rowing squad should see Mr Wehr-Candler.</p> <p>Trainings involve early morning sessions Monday – Saturday and afternoon sessions.</p> <p><u>Uniform:</u> Students row in a KWS zoot suit.</p> <p><u>Regattas:</u> Students will be required to pay a levy for each regatta they attend to cover accommodation etc. This is paid in advance per event via TryBooking. (Regatta participation for the upcoming season will be subject to COVID restrictions/ regulations at the time).</p>
<b>SENIOR SWIM SQUAD</b>	<p>Seeks to provide a competitive swimming experience. For more details contact Mr Kim Taylor.</p>
<b>TENNIS</b> <b>(Boys &amp; Girls)</b>	<p>Students are selected to compete in the Western Associated Schools Competition.</p> <p><u>Training:</u> Tuesday and Thursday afternoons</p> <p><u>Matches:</u> played on Saturday mornings. Travel to Bathurst is a requirement of this sport.</p> <p><u>Uniform:</u> KWS Sports Uniform</p>
<b>TREE TEAM – TWIG</b>	<p>The TWIG team prepare market produce for our School community and local markets. Given the timing of the market events, the weekend times vary. Students will be required to complete three sessions per week during the summer season. (Event participation for the upcoming season will be subject to COVID restrictions/ regulations at the time).</p> <p>Please see Mrs Bilton or Mrs Gavin if you have any questions.</p> <p><u>Uniform:</u> For events, the TWIG team wear a TREE shirt.</p>
<b>TRIATHLON</b> <b>(Boys &amp; Girls)</b>	<p>The KWS Triathlon team compete at local events, with the All Schools Triathlon in Term 1 being their culminating event. (Event attendance will be subject to COVID restrictions/ regulations at the time).</p> <p><u>Training:</u> Triathlon will involve attending at least three training sessions per week. Swimming training will be offered on various mornings per week.</p>

	<p>Running and riding training will be offered on Tuesday and Thursday afternoons and Saturday mornings. Note: attendance to the Saturday morning session is compulsory.</p> <p><u>Uniform and Equipment:</u> When students are competing as part of the KWS Triathlon team they must wear a KWS Triathlon suit. All students must have their own bicycle.</p>
<b>WATER POLO</b> <b>(Boys &amp; Girls)</b>	<p>The KWS Water polo teams compete in the local competition, which is run at the Orange Aquatic Centre.</p> <p><u>Training:</u> All teams will be required to attend one morning session and one afternoon session. Morning sessions will occur from 6.30am-8.00am and can occur on any day from Monday-Friday. Afternoon sessions occur on Monday – Friday from 3.30-5.00pm.</p> <p><u>Games:</u> All games are played on Thursday afternoons. Games and training are held at the Orange Aquatic Centre.</p> <p><u>Uniform:</u> Students must wear a KWS swimsuit for games.</p>

Please note: The Senior Grade Basketball, Cricket and Water polo teams compete in adult competitions.

## Applying for a Sports Exemption

If you are applying for any exemption from Summer Sport 2020/2021 you must complete an Exemption Form and return to Ms Anthony at KWS (email [sadams@kws.nsw.edu.au](mailto:sadams@kws.nsw.edu.au)). You must clearly state the reasons for the exemption request. These will be not be considered if they are not submitted by **Friday September 4<sup>th</sup>**

**Late exemptions cannot be considered because they disrupt the selection process.**

Exemptions are granted under the following areas:

1. Distance – Living more than 40km from KWS
2. Medical – Injury preventing participation
3. A heavy involvement in Music at a high level (Grade 5 or above)
4. Playing a sport not offered by KWS at a representative level, or its equivalent

If you had an exemption from Winter sport you must reapply for an exemption from Summer sport. This allows the school to ensure accurate and up to date exemption records are maintained. All exemptions must be approved by Ms Anthony.