



KINROSS WOLAROI SCHOOL

19 November 2019

Dear Parents and Carers,

JUNIOR SCHOOL SPORT – TERM 1, 2020

Welcome to Kinross Wolaroi Junior School. Sport is a fun and exciting part of school life and we aim to develop in our students a love of sport that will sustain their health and friendships throughout life.

Parents and carers are asked to support their children in their enjoyment of sport by encouraging resilience and good sportsmanship. At the end of this letter I have included a copy of our *Sports Code of Conduct*, which outlines the school's expectations for behaviour of both students and parents. Please familiarise yourself and your child with the *Code of Conduct* – it is designed to ensure that every member of our community can enjoy their participation in sport at any level.

Below I have detailed the sports available in Term 1, 2020 and provided a brief explanation of the requirements.

The summer sport program will transition into our Athletics Season for all Year 3 to 6 students from **Week 6 of Term 1**, in preparation for our Inter-House Athletics Carnival at the end of the term.

KINDERGARTEN TO YEAR 2

No sport. Parents are encouraged to enrol their children in the swimming program at the Kinross Wolaroi Swim School on site.

YEAR 3 SPORT

Year three students will participate as a year group in sport on Monday and Wednesday afternoons from 3.30pm to 5.00pm. In 2020 we expect to be offering AFL for this group. Students are to change into their PE uniforms after school.

Students who are interested may also choose to participate in HIIT/Park Run (see details below).

YEAR 4-6 SPORT

There will be a choice of five sports available for Summer 2020 (Term 1) for these year groups. Please complete the attached sport selection form for your child and return it to the school via email to tmay@kws.nsw.edu.au or send the form with your child on the first day of school.

Year 4-6 students may choose one of the following sports or may also choose to participate in HIIT/Park Run (see details below) – this is optional.



Basketball

Basketball will be held in the Gym on Monday and Wednesday afternoons from 3.30pm to 5.00pm. Students are to change into their PE uniform after school. They will be provided with a basketball singlet to wear during the competition, which must be returned to the school at the end of the season.

Tennis

Tennis will be held at the Orange Indoor Tennis Centre on Monday and Wednesday afternoons from 3.30pm to 5.00pm. Students will be transported to the venue and returned to the school afterwards by bus, with their supervising teachers. Students will need to change into their PE uniform and bring their own tennis racquet.

Swimming

Swimming will be held in the school pool on Monday and Wednesday afternoon from 3.30pm to 5.00pm. Students will be graded and placed into an appropriate group for stroke correction and training. Students must change into their KWS swimming costume, goggles and swim cap after school. They must also bring their PE uniform to change into afterwards. Students will not be allowed to depart in their swimming costume and wrapped in a towel due to Health and Safety reasons.

HIIT/Park Run

HIIT (High Intensity Interval Training) will be held in the aerobics room of the gymnasium on Mondays and Wednesdays from 8.00am to 8.45am. Students must wear their PE uniform and change into their school uniform after the session.

Park Run is held every Saturday at 8.00am at the Gosling Creek Reserve. This is a community fun-run event and students wishing to participate must register online. Children 11 years and under must run with a parent. Parents participating this year have found it rewarding in many ways. There is no expectation to wear a school uniform at Park Run.

CODE OF CONDUCT

Guidelines for players

- Players are expected to be modest in success and generous in defeat, not showing in either case undue emotion. Players are also expected to acknowledge, willingly and openly, good play by either school.
- Players should be wholehearted in their approach to games, and should adhere strictly to the letter and the spirit of the rules or the laws. The referee or umpire's decision is, of course, final and the Captain of the team is the only one who may ask for clarification of a decision.
- Players shall never resort to unseemly or abusive language.
- Players should be punctual and well turned out. The home team - and in particular the Captain - should welcome the visiting team and their Captain. At the conclusion of the game, referees, umpires and other officials (scorers, touch judges etc.) should be thanked.
- Players should not applaud the opposition's mistakes.



Guidelines for spectators

- Control of spectators is the responsibility of the school official with whom the spectators are associated. Spectators are not to approach or address game officials or any of the opposing players, spectators or officials. Genuine concerns should be addressed to their own school official who will determine any action to be taken.
- Barracking should be enthusiastic and positive, but not designed to heckle, denigrate or unsettle opponents. For example, barracking during a free throw or a kick at goal and so forth is always bad sportsmanship. Similarly, sledging is totally unacceptable. Barracking should be for the School only. Negative comments are totally unacceptable. Positive comments are motivational.
- Good play by either team should be recognized by applause.
- It is never right to express disapproval of a referee or umpire's decision, irrespective of his/her age.
- Vocal support for any team should never encourage violence, rough or illegal play.
- Coaching by spectators from the sideline is to be actively discouraged by the school official with whom the spectators are associated. Spectators shall not interfere with the progress and/or conduct of a game, including encroaching on the field.
- Adults must remember that games at school level are organized for the benefit of the students concerned and not for adults.
- Visitors to the grounds should co-operate fully with any regulations or requests made by the home school, such as car parking, seating, dressing rooms and the placing of spectators. At all times visitors should leave the area tidy and free of rubbish when they leave.
- Adults, parents, students and others are expected to set an example by their self-control and deportment at matches.
- Alcohol must not be consumed at fixtures.

We look forward to having you join us in supporting the Sport Program in 2020 and encourage our new students to stay active over the Christmas holiday break.

Kind regards,

Tim May

Mr T May

Junior School Sport Coordinator



Sport Selection Form 2020

(Years 4 to 6 only)

Student Name _____

Year _____

Class (if known) _____

Please number your sport selection from 1 (first choice) to 4:

_____ Basketball

_____ Tennis

_____ Swimming

_____ HIIT/Park Run

Please tick below if you wish to also attend HIIT/Park Run as an extra sport activity

_____ Yes, I would like to attend HIIT/Park Run as an extra sport

Parent name _____

Parent signature _____

Date _____