

SENIOR SCHOOL SPORT CHOICES

SUMMER 2018/19



The following are the choices available for students in Term 4, 2018.

All students must make ONE choice.
Please do not select multiple sports.

Inclusion into a second sport must be negotiated with the Head of Sport Mr J Priest.

EXEMPTIONS

Students will be considered for an exemption under the following reasons:

A heavy involvement in Music at a high level (Grade 5 or above); Playing a sport not offered by KWS at a representative level above Orange, or its equivalent; Medical reason; Distance to be travelled each day; Other. All exemptions must be approved by Ms Anthony.

Please be aware that we can only fill in the sport places where other students have left gaps. For this reason please select your sport carefully to avoid disappointment.

SUMMER SPORT 2018/19	DESCRIPTION
AEROBICS/FITNESS (Year 11 & 12 Girls)	3 Sessions per week – Tuesday, Thursday and Saturday morning at KWS. Only open to year 11 and 12 students. Under special circumstances such as medical grounds, younger students can request to join aerobics.
BASKETBALL (Boys & Girls)	Local Junior and Senior Grade Competition. Training is held at school on Monday, Tuesday or Thursday afternoons or mornings. Games are held during the week. Matches are played at Anzac Park and can involve game times that start as late as 8.30pm.
CRICKET (Boys & Girls)	Local Junior and Senior Grade Competition. Cricket involves training at school on Monday, Tuesday and Thursday afternoons. Junior games are played on Saturday mornings commencing at 8.30am. Grade Competition matches are played on Saturday afternoons. Cricket can require some travel to play games (Molong).
ISA TOUCH FOOTBALL (Girls)	Students are selected to compete in the Independent Sporting Association Competition. Training is on Tuesday and Thursday afternoons. Games are held on Saturday mornings. Please note that some travel is a requirement of this sport.
ROWING (Boys & Girls)	Rowing squad is based on a selection criteria. Students who are wanting to trial for the KWS rowing squad should see Mr Wehr-Candler. Trainings involve early morning sessions Monday – Saturday and afternoon sessions. Rowing involves a large travel commitment and compulsory holiday camps.
SENIOR SWIM SQUAD	Seeks to provide a competitive swimming experience. For more details contact Mr Kim Taylor.
TENNIS (Boys & Girls)	Students are selected to compete in the Western Associated Schools Competition. Training is on Tuesday and Thursday afternoons. Matches are played on Saturday mornings. Travel to Bathurst is a requirement of this sport.
TRIATHLON (Boys & Girls)	Triathlon will involve attending at least three training sessions per week. Swimming training will be offered on four mornings per week. Running and riding training will be offered on Tuesday and Thursday afternoons and Saturday mornings. Note attendance to the Saturday morning session is compulsory.
WATER POLO (Boys & Girls)	All teams will be required to attend one morning session and one afternoon session. Morning sessions will occur from 6.30am-8.00am and can occur on any day from Monday-Friday. Afternoon sessions can occur on Monday – Friday from 3.30-5.00pm. All games and training are held at the Orange Aquatic Centre.

Please note: The higher level Basketball, Cricket and Water polo teams compete in adult competitions.

APPLYING FOR A SPORTS EXEMPTION

If you are applying for any exemption from Summer Sport 2018/2019 a letter and Exemption Form will be sent home for your parents to complete and return to Ms Anthony at KWS (email: sadams@kws.nsw.edu.au).

You must clearly state the reasons for the exemption request.

Exemptions are granted under the following areas:

- Distance – Living more than 50km from KWS
- Medical – Injury preventing participation
- External commitments at a high level. Evidence of these commitments must be provided.

If you had an exemption from Winter sport you must reapply for an exemption from Summer sport. This allows the school to ensure accurate and up to date exemption records are maintained.